

# TRXC TIMING, LLC



RACE MANAGEMENT SPECIALISTS

WWW.TRXCTIMING.COM

## Southern Stampede Cross Country Meet Information Saturday, Sept. 19, 2009

Hosted by:

## Missouri Southern State University

### Race Schedule

|            |   |
|------------|---|
| 9:00 am    | University / Open Women – 5K – (18 runners maximum)         |
| 9:45 am    | University / Open Men – 8K – (18 runners maximum)           |
| 10:45 am   | High School Girls Varsity – 5K (8 runners per team maximum) |
| 11:00 am   | University / Open Awards Presentation                       |
| 11:30 am   | High School Boys Varsity – 5K (8 runners per team maximum)  |
| 12:00 noon | High School Girls - 5K (8 runners per team maximum)         |
| 12:30 pm   | Boys Junior Varsity Race – 5k (8 runners per team maximum)  |
| 1:00 pm    | Fun Run – Male and Female Together                          |
|            | 1. No official timing - just finish line clock              |
|            | 2. No race numbers  |
| 1:30 pm    | High School Varsity and Junior Varsity awards Presentation  |

### Entry Fee

(Full Team is 5 or more athletes)

|                                   |  |
|-----------------------------------|--|
| <b>University / Open</b>          | \$175 per gender or \$350 for both Men and Women's (18 Maximum)            |
| <b>Unattached Runners</b>         | \$25 per individual  |
| <b>High School Varsity</b>        | \$100 per gender or \$200 for both Girls and Boys Varsity Team (8 Maximum) |
| <b>High School Junior Varsity</b> | No charge but must have full 8 person team in Varsity (8 Maximum)          |

**CHECKS MUST BE MADE OUT TO: MISSOURI SOUTHERN CROSS COUNTRY**

3950 E. Newman Rd.  
Joplin, Missouri 64801

**Payable with Cash, Check, or P.O:** No Credit or Billing is available. These are due the Day of the Race at Check in.  
Fees based on athletes entered, not participating.

**NO P.O., CASH, OR CHECK YOUR TEAM WILL NOT BE ABLE TO RUN.....**

*Chips not returned on meet day will result in a \$20.00 per chip charge*

## **ENTRY PROCEDURE:**

**Entries** Entries are due by 5 pm on Monday, September 14, 2009 at [www.trxctiming.com](http://www.trxctiming.com)

High School Coaches entry all athletes as Varsity competitors. I will enter them into both races allowing them to show up in the results based on the race that they run. No need to designate.

**Scratches/Changes:** Coaches can manage their rosters until 5 pm Wednesday, September 16, 2009 at [www.trxctiming.com](http://www.trxctiming.com)

## **Entry List**

Will be made available on Monday Evening at [www.trxctiming.com](http://www.trxctiming.com)

## **Box Assignments**

Will be made available on Thursday Evening at [www.trxctiming.com](http://www.trxctiming.com)

## **Packet Pick Up**

Packets can be picked up Saturday Morning between 7:30 am – 11:00 am in front of the stadium

## **Parking**

**Team Parking** is located is north of the track off of Newman Rd

**Spectator Parking** is located in the Stadium parking lot south of the cross country course

## **Scoring**

The first 5 runner will count in team scoring and the 6 and 7 runners will count as displacement.

## **Awards**

- Team Awards:** Top Two Teams in University, High School, and Junior Varsity Races
- Individual Awards:** University Top 10 (Watches)  
High School Varsity Top 10 (Watches or Medal for Athletes that cannot accept watches)
- Junior Varsity:** Top 5 (Watches or Medals for Athletes that cannot accept watches)

## **Trainers:**

MSSU Trainers will be available on site.

## **Questions:**

Tom Rutledge – Head Cross Country Coach – 417-625-9554

Rich Schilling – Website/Entry Questions – 314-522-6176 – Day, 314-994-3966 – Evening