



# Waynesville R-VI School District

Athletic Department  
200 G. W. Lane  
Waynesville, MO 65583



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## WAYNESVILLE BOYS AND GIRLS JV INVITATIONAL March 30, 2010

Tigers Girls Coach                      Gary Schultz                      [gshultz@waynesville.k12.mo.us](mailto:gshultz@waynesville.k12.mo.us)  
Tigers Boys Coach                      Jerry Guffey                      [jerryguffey@waynesville.k12.mo.us](mailto:jerryguffey@waynesville.k12.mo.us)

**Participating Schools:** Camdenton, Dixon, Eldon, Fulton, Iberia, Jefferson City, Joplin, Lebanon, Licking, Newburg, Osage, Ozark, Rolla, Waynesville, West Plains.

**Scoring:** Will be 10-8-6-5-4-3-2-1

**Entry Fee:** \$100.00 – boys, \$100.00 – girls. \$200.00 total.

**Awards:** Medals will be given to the top 4 places in each event. Team trophies will be given to the 1<sup>st</sup> place teams.

**Meet Entries:** All entries will be made online using [www.trxctiming.com](http://www.trxctiming.com) Entries are due no later than Monday, March 29 at 5:00 p.m. **Enter athletes as Varsity for their division.** You are allowed two entries per event. [Online Entry Form](#)

### 3:30 Coaches Meeting

### 3:45 Field Events

Discus	girls/boys to follow
Shot Put	boys/girls to follow
Long Jump	girls/boys to follow
Triple Jump	boys/girls to follow
High Jump	girls/boys to follow
Pole Vault	girls/boys to follow

### 4:00 Running Events

- Girls will precede boys
- No preliminaries; all heats against time
- All runners should report to the bullpen when called
- No spikes in bleachers
- Fast heat will run first
- No tape on track or runway
- 3/16 or smaller pyramid spikes only; no needles

- **NO FOOD OR GATORADE ON THE TURF PLEASE**

**Starter/Referee:** David Allen and Russ Shelden

**Order of Events**

4x800	Relay
100/110	Hurdles
100	Dash
4x200	Relay
1600	Run
4x100	Relay
400	Dash
300	Hurdles
800	Run
200	Dash
3200	Run
4x400	Relay

All entries for the Waynesville Invitational will be made using [www.trxctiming.com](http://www.trxctiming.com)