

Class 3 District 8 Track & Field Championships

District Activities Complex Staley High School

Benton	Kearney	Savannah
Cameron	Lincoln College Prep	Smithville
Chillicothe	Maryville	St. Pius High
East	Platte County High	Staley
Excelsior Springs	Richmond	Van Horn (Independence)

Prelims

11:00	100m Hurdles (girls)
11:15	100m High Hurdles (boys)
11:25	100m Dash (boys)
11:35	100, Dash (boys)
11:45	3200m relay (girls) Final
12:00	3200m relay (boys) Final
12:15	200m Dash (girls)
12:25	200m Dash (boys)

Field Event Time Schedule

(Prelims Followed by Finals)

(Long Jump – South Runway)

(Triple Jump – North Runway)

11:00	Long Jump (boys)
	Triple Jump (girls)
	Discus (girls)
	Shot Put (boys)
	High Jump (girls) – by NFHS Rules
	Pole Vault (boys) – by NFHS Rules
1:00	Long Jump (girls)
	Triple Jump (boys)
	Discus (boys)
	Shot Put (girls)
	High Jump (boys) – by NFHS Rules
	Pole Vault (girls) – by NFHS Rules

Finals

1:00	100m Hurdles (girls)
1:10	100m High Hurdles (boys)
1:20	100m Dash (girls)
1:25	100m Dash (boys)
1:35	4 X 200m Relay (girls)
1:45	4 X 200m Relay (boys)
1:55	1600m Run (girls)
2:10	1600m Run (boys)
2:25	4 X 100m Relay (girls)
2:35	4 X 100m Relay (boys)
2:45	400m Dash (girls)
2:55	400m Dash (boys)
3:10	300m Hurdles (girls)
3:25	300m IM Hurdles (boys)
3:40	800m Run (girls)
3:50	800m Run (boys)
4:05	200m Dash (girls)
4:10	200m Dash (boys)
4:20	3200m Run (girls)
4:35	3200m Run (boys)
4:50	4 X 400m Relay (girls)
5:00	4 X 400m Relay (boys)

5:20 Packets and Awards

We will not get ahead of this schedule, but we may get behind