

CLASS 2 DISTRICT 8 TRACK MEET TIME SCHEDULE MAY 8, 2010

10:00 Coaches Meeting

Shot and Discus- 3 Prelim Throws, 3 Final Throws, 9 to Finals

1:00	Boys Discus - Finals Follow
1:00	Girls Shot Put – Finals Follow
11:00	Boys Shot Put – Finals Follow
11:00	Girls Discus – Finals Follow

Long Jump and Triple Jump – 3 Prelim Jumps, 3 Final Jumps, 9 to Finals

Finals Follow the Prelims

11:00	Boys Long Jump Runway #1	Cafeteria Style (1.5 Hours)
11:00	Girls Long Jump Runway #2	Cafeteria Style (1.5 Hours)
1:00	Boys Triple Jump Runway #1	Cafeteria Style (1.5 Hours)
1:00	Girls Triple Jump Runway #2	Cafeteria Style (1.5 Hours)
11:00	Girls High Jump (3 alive)	Starting Height _____
1:00	Boys High Jump (3 alive)	Starting Height _____
11:00	Boys Pole Vault (5 alive)	Starting Height _____
1:00	Girls Pole Vault (5 alive)	Starting Height _____

Preliminary Running Events- Beginning at 11:30

11:30	Boys 110 Meter High Hurdles	Prelim
11:45	Girls 100 Meter (33" Hurdles)	Prelim
11:55	Boys 100 Meter Dash	Prelim
12:05	Girls 100 Meter Dash	Prelim
12:15	Girls 3200 Meter Relay	Final Box Alley
12:30	Boys 3200 Meter Relay	Final Box Alley
12:45	Boys 200 Meter Dash	Prelim
12:55	Girls 200 Meter Dash	Prelim

Finals – Beginning at 1:30

1:30	Girls 100 Meter (33" Hurdles)	Final
1:40	Boys 110 Meter High Hurdles	Final
1:50	Girls 100 Meter Dash	Final
1:55	Boys 100 Meter Dash	Final
2:10	Girls 4 x 200 Meter Relay	(Heats vs. Time)
2:20	Boys 4 x 200 Meter Relay	(Heats vs. Time)
2:30	Girls 1600 Meter Run	Box Alley Start
2:45	Boys 1600 Meter Run	Box Alley Start
3:00	Girls 4 x 100 Meter Relay	(Heats vs. Time)
3:10	Boys 4 x 100 Meter Relay	(Heats vs. Time)
3:20	Girls 400 Meter Dash	(Heats vs. Time)
3:30	Boys 400 Meter Dash	(Heats vs. Time)
3:45	Girls 300 Meter Hurdles	(Heats vs. Time)
4:00	Boys 300 Meter Hurdles	(Heats vs. Time)
4:15	Girls 800 Meter Run	Box Alley Start
4:25	Boys 800 Meter Run	Box Alley Start
4:40	Girls 200 Meter Dash	Final
4:45	Boys 200 Meter Dash	Final
4:55	Girls 3200 Meter Run	Box Alley Start
5:10	Boys 3200 Meter Run	Box Alley Start
5:25	Girls 4 x 400 Meter Relay	3 Turn Stagger Heats vs. Time
5:35	Boys 4 x 400 Meter Relay	3 Turn Stagger Heats vs. Time

We will not get ahead of this schedule, but we may get behind