

District Track Meet Time Schedule

10:00 Coaches Meeting

Shot and Discus – 3 Prelim Throws, 3 Final Throws, 9 to Finals

1:00	Boys Discus – Finals Follow
1:00	Girls Shot Put – Finals Follow
11:00	Boys Shot Put – Finals Follow
11:00	Girls Discus – Finals Follow

Long Jump and Triple Jump – 3 Prelim Jumps, 3 Final Jumps, 9 to Finals Finals Follow the Prelims

11:00	Boys Long Jump Runway #1
11:00	Girls Long Jump Runway #2
1:00	Boys Triple Jump Runway #1
1:00	Girls Triple Jump Runway #2
11:00	Girls High Jump (3 alive)
1:00	Boys High Jump (3 alive)
11:00	Boys Pole Vault (5 alive)
1:00	Girls Pole Vault (5 alive)

Preliminary Running Events – Beginning at 11:30

11:30	Boys 110 meter high hurdles
11:45	Girls 100 meter (33" hurdles)
11:55	Boys 100 meter dash
12:05	Girls 100 meter dash
12:15	Girls 3200 meter relay
12:30	Boys 3200 meter relay
12:45	Boys 200 meter dash
12:55	Girls 200 meter dash

Finals – Beginning at 1:30

1:30	Girls 100 meter (33" hurdles)
1:40	Boys 110 meter high hurdles
1:50	Girls 100 meter dash
1:55	Boys 100 meter dash
2:10	Girls 4 x 200 meter relay
2:20	Boys 4 x 200 meter relay
2:30	Girls 1600 meter run
2:45	Boys 1600 meter run
3:00	Girls 4 x 100 meter relay
3:10	Boys 4 x 100 meter relay
3:20	Girls 400 meter dash
3:30	Boys 400 meter dash
3:45	Girls 300 meter hurdles
4:00	Boys 300 meter hurdles
4:15	Girls 800 meter run
4:25	Boys 800 meter run
4:40	Girls 200 meter dash
4:45	Boys 200 meter dash
4:55	Girls 3200 meter run
5:10	Boys 3200 meter run
5:25	Girls 4 x 400 meter relay
5:35	Boys 4 x 400 meter relay